Breakfast Items

Room Temperature Storage

Cereal, Poptart, cereal bars, whole fruit, applesauce cups, raisins, craisins, 100% fruit juice

Refrigerator Storage

Cheese Sticks, cut whole fruit, milk

Freezer Storage

French toast, breakfast buns, frozen fruit cups (for all of these items, thaw at room temperature overnight and consume within 1-

2 days; breakfast entrees can also be warmed in a 350F oven for 7-8 minutes)

Lunch Items

Room Temperature Storage

Chips, whole fruit, applesauce cups, 100% juice, raisins, dried cranberries, baking potato

Refrigerator Storage

Cheese sticks, cut vegetables, beans, cut whole fruit corn, milk

Freezer Storage

Cinni Mini, Frudel, mini donuts, mini pancakes, mini waffles, mini Uncrustable sandwiches (leave at room temp overnight to thaw, eat within 1 day), corndog, pizza, frozen fruit cups, frozen French fries/tater tots, hot dogs chicken products

Cooking Instructions

Cinni Mini, Frudel, mini pancakes, mini waffles, mini French toast, breakfast buns - Thaw at room temperature overnight and consume within 1-2 days; OR warm in plastic package in a 350F oven for 7-8 minutes on a baking pan

Corndog: Cook from frozen. Preheat oven to 375F. Remove any plastic wrap or packaging from corndog before putting product on a baking sheet and in the oven. Place corndog on a baking sheet. Cook for 25 minutes.

Pizza: Cook from frozen. Preheat oven to 350F. Remove any plastic wrap or packaging from pizza before putting product in the oven. Place pizza on a baking sheet. Cook for 10-15 minutes or until cheese is melted and crust edges are golden brown.

Chicken Tenders: Raw product. Remove from packaging. Bake in 375F oven for 15-18 minutes on a baking sheet. Chicken should reach an internal temperature of at least 165F.

Chicken Nuggets: Remove from packaging. Cook from frozen. Preheat oven to 325F. Remove any plastic wrap or packaging from nuggets before spreading on a baking sheet evenly. Bake for 14-16 minutes.

Chicken Bites (buffalo [raw product] and Asian): Remove from packaging. Cook from frozen. Preheat oven to 375. Remove any plastic wrap or packaging from bites before spreading on a baking sheet evenly. Bake for 12-14 minutes. Flip bites on pan after 6 minutes.

Chicken Sandwich: Raw product. Remove from packaging. Cook from frozen. Preheat oven to 375. Place on a baking pan and bake for 14-16 minutes. Turn pan after 6 minutes. Internal temp should be 165F or higher.

Hamburger: Remove from packaging. Cook from frozen. Preheat oven to 350F. Place hamburger patty on baking sheet and bake for 15 minutes, or reaches an internal temp of 165F or higher. Bun can be thawed at room temperature.

Breaded Mozzarella Sticks: Remove from packagine. Cook from frozen. Preheat oven to 350F. Place on a baking sheet and bake for 3-5 minutes. Let stand for 1-2 minutes after baking - cheese will be hot!

Cheesy French Bread: Remove from packaging. Cook from frozen. Preheat oven to 350F. Place on baking sheet and bake for 7-10 minutes, or until cheese is melted and bread is golden brown.

Mozzarella Bread Bites: Remove from packaging. Cook from frozen. Preheat oven to 350. Place on a baking sheet and bake for 6-8 minutes and rotate halfway through baking. Let stand for 5 minutes after baking - cheese will be hot!

Hot Dog: Remove from packaging. Heat in 350F oven for 8 minutes, then rotate with TONGS and heat for another 8 minutes.

Tater Tots: Remove from packaging. Heat at 450F for 10-15 minutes on a sheet pan.

Wedge Fries: Remove from packaging. Bake at 425F for 15 minutes on a sheet pan.

Baking Potato: Microwave instructions: Pierce 3-4 times with a fork. Heat in the microwave for 5 minutes, then use TONGS to flip potato and heat for another 3 minutes. Oven instructions: Pierce 3-4 times and heat in a 400F oven for 40-50 minutes on a baking sheet.

Corn/Carrot Coins/Broccoli: Remove from packaging. Cook from frozen. Stove top instructions: In a pan, add 2 tbsp water per serving of corn and heat for 5-10 minutes. Microwave instructions: In a microwave safe bowl, add 2 tbsp water per serving of corn and heat for 1 minute.

Baked/Pinto/Green Beans: Remove from packaging. In a microwave safe bowl, heat for 1 minute.