



# AUGUST 2022 - MIDDLE SCHOOL MENU

## LUNCH MENU

MEAL PRICING	BREAKFAST	LUNCH
Fully Pay/ Reduced	\$1.35/\$0.30	\$2.05/\$0.40
Employee	\$2.25	\$3.50
Visitor	\$2.75	\$4.00

WEEK	MON	TUES	WED	THUR	FRI
<b>Week of August 1</b>					<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> MC: Chicken Alfredo OR Ravioli w/ Garlic Toast  Fries Side Salad
<b>Week of August 8</b>	<b>C1:</b> Hamburger <b>C2:</b> Buffalo Chicken Dip + 2 oz Chip  Baked Beans Tater Tots	<b>C1:</b> Chicken Sandwich <b>C2:</b> Cheesy French Boat  Diced or Baked Sweet Potato Steamed Broccoli	<b>Nacho Bar: Choice of meat, cheese sauce, and toppings</b> Lettuce + Tomato  Corn  Pinto or Black Beans	<b>C1:</b> Chicken Tenders <b>C2:</b> Lasagna  Garlic Toast Mashed Potatoes Green Beans	<b>C1:</b> Pizza <b>C2:</b> Chicken Tacos Corn Carrot Dipper MC: Ice Cream or Pudding <u>Harvest of the Month:</u> Cubed Watermelon
<b>Week of August 15</b>	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Spaghetti  Garlic Toast Diced Potatoes Side Salad	<b>C1:</b> Beef Tacos <b>C2:</b> Corndog  Mexican Style Rice Fries Carrot Dipper	<b>Nacho Bar: Choice of meat, cheese sauce, and toppings</b> Lettuce + Tomato  Corn  Pinto or Black Beans	<b>C1:</b> Chicken Sandwich <b>C2:</b> Burrito  Broccoli Dipper Carrot Dipper	<b>C1:</b> Pizza <b>C2:</b> Entrée Mac n' Cheese  Cookie Sweet Potato Fries or Tots Celery Dipper
<b>Week of August 22</b>	<b>C1:</b> Chicken Sandwich <b>C2:</b> Hot Dog  Tater Tots Carrot Dipper	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> BBQ Sandwich  Sweet Potato Fries or Tots Cucumber Dipper	<b>C1:</b> MC: Chicken Tenders OR Chicken Drumstick w/ Biscuit <b>C2:</b> Grilled Cheese  Mac n' Cheese Green Beans Carrot Dipper	<b>C1:</b> Hamburger <b>C2:</b> Manager's Choice  Baked Beans Celery Dipper	<b>C1:</b> Pizza <b>C2:</b> Mandarin Orange Chicken or General Tso Chicken + Rice  Cookie Corn Steamed Broccoli
<b>Week of August 29</b>	<b>C1:</b> Chicken Sandwich <b>C2: MC: Chicken Alfredo OR Ravioli w/ Garlic Toast</b>  Fries Side Salad	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> Fish Sandwich  Baked Potato Carrot Dipper	<b>Nacho Bar: Choice of meat, cheese sauce, and toppings</b> Lettuce + Tomato  Corn  Pinto or Black Beans	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Country Fried Steak <b>MC: Grain Chip or Cracker</b> Mashed Potato Green Beans	<b>C1:</b> Pizza <b>C2:</b> Smoky Rib Sandwich  Fries Carrot Dipper



**Meal Pay Website**

### Harvest of the Month:

#### Watermelon

Quick tip! Pick a great watermelon every time by looking for the following characteristics: 1. Melon is free from cuts and bruises  
 2. Feels heavy for its size (watermelons are 92% water!)  
 3. Should have a yellow spot from where it sat on the ground and ripened in the sun

### Daily Breakfast Menu

Chicken or Sausage Biscuit  
 Assorted Breakfast Pastries  
 Assorted Poptarts  
 Assorted Cereals  
 Fresh Cut Fruit / Chilled Fruit Cup / 100% Fruit Juice  
 Choice of milk

### Daily Lunch Offerings

Uncrustable Kit - Uncrustable Sandwich, cheese stick, grain chip  
 Daily salad/sandwich line at select schools  
 Fresh Cut Fruit / Chilled Fruit Cup / 100% Fruit Juice  
 Choice of milk



**Free/Reduced Application**

\*Menu subject to change based on product availability and/or change in the school schedule. Breakfast item offerings may vary by school.