



SEPTEMBER 2022 – ELEMENTARY SCHOOL MENU

BREAKFAST MENU

MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0.30	\$1.95/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Sept 5	NO SCHOOL – LABOR DAY	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Frudel and/or Cinni Mini Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Pastry Variety: Breakfast Bun, Donuts Choice 2: Cereal
Week of Sept 12	Choice 1: Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Poptarts Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Pastry Variety Choice 2: Cereal
Week of Sept 19	Choice 1: Mini Day Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Frudel and/or Cinni Mini Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Pastry Variety: Breakfast Bun, Donuts Choice 2: Cereal
Week of Sept 26	Choice 1: Mini Day Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Poptarts Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Cereal	Choice 1: Pastry Variety Choice 2: Cereal

*Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.

Harvest of the Month: Apples

- Did you know any of these fun facts about apples?
- Apples are 25% air, which is why they float in water
 - The crabapple is the only apple native to North America
 - The top apple producing state in the US is Washington

Daily Breakfast Offerings

- Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
- Choice of Milk



Meal Pay Website



Free/Reduced Application

This institution is an equal opportunity provider.



SEPTEMBER 2022 – ELEMENTARY SCHOOL MENU

LUNCH MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0.30	\$1.95/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Sept 5	NO SCHOOL – LABOR DAY	Choice 1: Chicken Sandwich Choice 2: Mac n Cheese Sweet Potato Fries Cucumber Dipper	Choice 1: Chicken Tenders Choice 2: Pizza Kit Cookie Mashed Potatoes Green Beans	Choice 1: Mozzarella Bread Bites Choice 2: Chicken + Rice Casserole Mgr Choice Grain Chip or Cracker Peas Carrot Dipper	Choice 1: Pizza Choice 2: Burrito Corn Steamed Broccoli
Week of Sept 12	Choice 1: Chicken + Waffles Choice 2: Chicken Alfredo + Garlic Toast Fries Carrot Dipper	Choice 1: Beef Tacos Choice 2: Corndog Mexican-Style Rice Corn Celery Dipper	Choice 1: Chicken Bites or Nuggets Choice 2: Country Fried Steak + Gravy Cookie Mashed Potatoes Steamed or Glazed Carrots	Choice 1: Hamburger Choice 2: Turkey + Cheese Kit Tater Tots Baked Beans	Choice 1: Mozzarella Bread Bites Choice 2: Smoky Rib Sandwich pudding OR Ice cream Fries Side Salad
Week of Sept 19	Choice 1: Chicken Tenders Choice 2: Lasagna Roll Ups Garlic Toast Mashed Potatoes Steamed Broccoli	Choice 1: Cheesy Nachos Choice 2: Fish Sandwich Pinto or Black Beans Carrot Dipper	Choice 1: Hot Dog Choice 2: Manager's Choice Fries Baked Beans	*EARLY RELEASE* Choice 1: Chicken Sandwich Choice 2: No 2 nd choice Mgr Choice Grain Chip or Cracker Celery Dipper Carrot Dipper	Choice 1: Pizza Choice 2: Mandarin Orange or General Tso Chicken + Rice Mgr Choice Grain Chip or Cracker Corn Side Salad
Week of Sept 26	Choice 1: Spaghetti + Garlic Toast Choice 2: Grilled Cheese Tater Tots Carrot Dipper	Choice 1: Hamburger Choice 2: Fish Nuggets Mac n' Cheese Sweet Potato Fries or Tots Cucumber Dipper	Choice 1: Cheesy Nachos Choice 2: BBQ Sandwich Fries Pinto Beans	Choice 1: Chicken Bites or Nuggets Choice 2: Ravioli Roll Mashed Potatoes Green Beans	Choice 1: Pizza Choice 2: Chicken Tacos Corn Side Salad Italian Ice

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