



# SEPTEMBER 2022 – MIDDLE SCHOOL MENU

## LUNCH MENU


MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.35/\$0.30	\$2.05/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Sept 5</b>	NO SCHOOL – LABOR DAY	<b>Choice 1:</b> Regular or Spicy Chicken Sandwich <b>Choice 2:</b> Cheesy French Boat  Diced or Baked Sweet Potato Steamed Broccoli	Nacho Bar – Choice of meat, cheese sauce, and toppings  Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Chicken Tenders <b>C2:</b> Lasagna Rollups  Garlic Toast Mashed Potatoes Green Beans	<b>C1:</b> Pizza <b>C2:</b> Chicken Tacos  Ice Cream OR Pudding Corn Carrot Dipper
<b>Week of Sept 12</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Burrito  Fries Steamed Broccoli	<b>C1:</b> Beef Tacos <b>C2:</b> Corndog  Mexican-Style Rice Fries Carrot Dipper	Nacho Bar – Choice of meat, cheese sauce, and toppings  Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Spaghetti  Roll Diced Potatoes Side Salad	<b>C1:</b> Pizza <b>C2:</b> Mac n' Cheese  Cookie Sweet Potato Fries or Tots Celery Dipper
<b>Week of Sept 19</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Hot Dog  Tater Tots Baked Beans	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> BBQ Sandwich  Sweet Potato Fries or Tots Cucumber Dipper	<b>C1:</b> Chicken Tenders or Chicken Drumstick + Roll <b>C2:</b> Grilled Cheese  Mac n' Cheese Green Beans Carrot Dipper	<b>*EARLY RELEASE*</b> <b>C1:</b> Hamburger <b>C2:</b> Corndog  Mgr Choice Grain Chip or Cracker Celery Dipper Carrot Dipper	<b>C1:</b> Pizza <b>C2:</b> Mandarin Orange or General Tso Chicken + Rice  Cookie Corn Steamed Broccoli
<b>Week of Sept 26</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Chicken Alfredo w/ Garlic Toast or Ravioli w/ Garlic Toast Fries Side Salad	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> Fish Sandwich  Baked Potato Carrot Dipper	Nacho Bar – Choice of meat, cheese sauce, and toppings  Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Manager's Choice  Mgr Choice Grain Chip or Cracker Mashed Potatoes Green Beans	<b>C1:</b> Pizza <b>C2:</b> Smoky Rib Sandwich  Fries Carrot Dipper

\*Menu subject to change based on product availability and/or change in school schedule. Item offerings may vary by school.



**Meal Pay Website**

**Harvest of the Month:**   
**Apples – Fun Facts!**  
 - Apples are 25% air, which is why they float in water  
 - The crabapple is the only apple native to North America  
 - The top apple producing state in the US is Washington

**Daily Breakfast Menu**  
 Chicken or Sausage Biscuit  
 Assorted Breakfast Pastries  
 Assorted Poptarts  
 Assorted Cereals  
 Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice  
 Choice of Milk

**Daily Lunch Offerings**  
 Uncrustable Kit  
 Daily salad/sandwich line at select schools  
 Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice  
 Choice of Milk



**Free/Reduced Application**