

## School Year 2022-2023 High School and Middle School Daily Breakfast Menu

- Sausage or chicken biscuit
- Assorted breakfast pastries
- Assorted pop tarts
- Assorted cereals
- 100% fruit juice
- Fresh or chilled fruit
- Choice of milk

## September 2022 High School and Middle School August Lunch Menu

### Week of September 5:

- **Monday: No school – Labor Day**
- **Tuesday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Cheesy French Boat
  - Sides: Diced or Baked Sweet Potato and Steamed Broccoli
- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - Toppings: Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans
- **Thursday:**
  - Choice 1: Chicken Tenders
  - Choice 2: Lasagna Rollups
  - Sides: Garlic Toast, Mashed Potatoes, and Green Beans
- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Chicken Tenders
  - Sides: Corn, Carrot Dipper, and Manager's Choice of Ice Cream or Pudding

### Week of September 12:

- **Monday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Burrito
  - Sides: Fries, Steamed Broccoli

- **Tuesday:**
  - Choice 1: Beef Tacos
  - Choice 2: Corndog
  - Sides: Mexican Style Rice, Fries, and Carrot Dipper
  
- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - Toppings: Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans
  
- **Thursday:**
  - Choice 1: Boneless Chicken Wings
  - Choice 2: Spaghetti
  - Sides: Roll, Diced Potatoes, Side Salad
  
- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Entrée Mac n’ Cheese
  - Sides: Cookie, Sweet Potato Fries or Tots, and Celery Dipper

**Week of September 19:**

- **Monday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Hot Dog
  - Sides: Tater Tots and Carrot Dipper
  
- **Tuesday:**
  - Choice 1: Mozzarella Bread Bites
  - Choice 2: BBQ Sandwich
  - Sides: Sweet Potato Fries or Tots, and Cucumber Dipper
  
- **Wednesday:**
  - Choice 1: Chicken Tenders or Chicken Drumstick + Biscuit or Roll
  - Choice 2: Grilled Cheese
  - Sides: Mac n’ Cheese, Green Beans, and Carrot Dipper
  
- **Thursday – Early Release Day**
  - Choice 1: Hamburger
  - Choice 2: Corndog
  - Sides: Manger’s Choice Grain Chip or Cracker, Celery Dipper, Carrot Dipper

- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Mandarin Orange Chicken or General Tso Chicken + Rice
  - Sides: Cookie, Corn, and Steamed Broccoli

**Week of September 26:**

- **Monday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Chicken Alfredo + Garlic Toast or Ravioli + Garlic Toast
  - Sides: Fries and Side Salad
  
- **Tuesday:**
  - Choice 1: Mozzarella Bread Bites
  - Choice 2: Fish Sandwich
  - Sides: Baked Potato and Carrot Dipper
  
- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - Toppings: Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans
  
- **Thursday:**
  - Choice 1: Boneless Chicken Wings
  - Choice 2: Manager’s Choice
  - Sides: Manager’s Choice of Chip, Grain, or Cracker + Mashed Potato + Green Beans
  
- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Smoky Rib Sandwich
  - Sides: Fries and Carrot Dipper

**Daily Lunch Offerings:** Uncrustable Kit, daily salad/sandwich line at select schools, fresh cut fruit and/or chilled fruit and/or 100% fruit juice, choice of milk

**Menus subject to change based on product availability and/or changes in school schedule. Item offerings may vary by school.**

**School Year 2022-2023 Meal Pricing:**

Full Pay Middle/High Breakfast: \$1.35  
 Full Pay Middle/High Lunch: \$2.05  
 Reduced Pay Middle/High Breakfast: \$0.30  
 Reduced Pay Middle/High Lunch: \$0.40  
 Employee Breakfast: \$2.25

Employee Lunch: \$3.50  
Visitor Breakfast: \$2.75  
Visitor Lunch: \$4.00

**Meal Pay Website:** <https://www.mypaymentsplus.com/welcome>

**Free/Reduced Applications:** <https://foodservices.hallco.org/web/free-reduced-applications/>

**This institution is an equal opportunity provider.**