School Year 2022-2023 High School and Middle School Daily Breakfast Menu

- Sausage or chicken biscuit
- Assorted breakfast pastries
- Assorted pop tarts
- Assorted cereals
- 100% fruit juice
- Fresh or chilled fruit
- Choice of milk

September 2022 High School and Middle School August Lunch Menu

Week of September 5:

- **Monday:** No school – Labor Day
- **Tuesday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Cheesy French Boat
  - Sides: Diced or Baked Sweet Potato and Steamed Broccoli
- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - Toppings: Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans
- **Thursday:**
  - Choice 1: Chicken Tenders
  - Choice 2: Lasagna Rollups
  - Sides: Garlic Toast, Mashed Potatoes, and Green Beans
- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Chicken Tenders
  - Sides: Corn, Carrot Dipper, and Manager’s Choice of Ice Cream or Pudding

Week of September 12:

- **Monday:**
  - Choice 1: Regular or Spicy Chicken Sandwich
  - Choice 2: Burrito
  - Sides: Fries, Steamed Broccoli
• Tuesday:
  o **Choice 1**: Beef Tacos
  o **Choice 2**: Corndog
  o **Sides**: Mexican Style Rice, Fries, and Carrot Dipper

• Wednesday:
  o Nacho Bar – Choice of meat, cheese sauce, and toppings
  o **Toppings**: Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

• Thursday:
  o **Choice 1**: Boneless Chicken Wings
  o **Choice 2**: Spaghetti
  o **Sides**: Roll, Diced Potatoes, Side Salad

• Friday:
  o **Choice 1**: Pizza
  o **Choice 2**: Entrée Mac n’ Cheese
  o **Sides**: Cookie, Sweet Potato Fries or Tots, and Celery Dipper

**Week of September 19:**

• Monday:
  o **Choice 1**: Regular or Spicy Chicken Sandwich
  o **Choice 2**: Hot Dog
  o **Sides**: Tater Tots and Carrot Dipper

• Tuesday:
  o **Choice 1**: Mozzarella Bread Bites
  o **Choice 2**: BBQ Sandwich
  o **Sides**: Sweet Potato Fries or Tots, and Cucumber Dipper

• Wednesday:
  o **Choice 1**: Chicken Tenders or Chicken Drumstick + Biscuit or Roll
  o **Choice 2**: Grilled Cheese
  o **Sides**: Mac n’ Cheese, Green Beans, and Carrot Dipper

• Thursday – Early Release Day
  o **Choice 1**: Hamburger
  o **Choice 2**: Corndog
  o **Sides**: Manger’s Choice Grain Chip or Cracker, Celery Dipper, Carrot Dipper
• **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Mandarin Orange Chicken or General Tso Chicken + Rice
  - **Sides:** Cookie, Corn, and Steamed Broccoli

**Week of September 26:**

• **Monday:**
  - **Choice 1:** Regular or Spicy Chicken Sandwich
  - **Choice 2:** Chicken Alfredo + Garlic Toast or Ravioli + Garlic Toast
  - **Sides:** Fries and Side Salad

• **Tuesday:**
  - **Choice 1:** Mozzarella Bread Bites
  - **Choice 2:** Fish Sandwich
  - **Sides:** Baked Potato and Carrot Dipper

• **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - **Toppings:** Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

• **Thursday:**
  - **Choice 1:** Boneless Chicken Wings
  - **Choice 2:** Manager’s Choice
  - **Sides:** Manager’s Choice of Chip, Grain, or Cracker + Mashed Potato + Green Beans

• **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Smoky Rib Sandwich
  - **Sides:** Fries and Carrot Dipper

**Daily Lunch Offerings:** Uncrustable Kit, daily salad/sandwich line at select schools, fresh cut fruit and/or chilled fruit and/or 100% fruit juice, choice of milk

**Menus subject to change based on product availability and/or changes in school schedule. Item offerings may vary by school.**

**School Year 2022-2023 Meal Pricing:**

- Full Pay Middle/High Breakfast: $1.35
- Full Pay Middle/High Lunch: $2.05
- Reduced Pay Middle/High Breakfast: $0.30
- Reduced Pay Middle/High Lunch: $0.40
- Employee Breakfast: $2.25
Employee Lunch: $3.50
Visitor Breakfast: $2.75
Visitor Lunch: $4.00

**Meal Pay Website:** [https://www.mypaymentsplus.com/welcome](https://www.mypaymentsplus.com/welcome)

**Free/Reduced Applications:** [https://foodservices.hallco.org/web/free-reduced-applications/](https://foodservices.hallco.org/web/free-reduced-applications/)

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