Week of October 3:

- **Monday:**
  - Choice 1: Mini Day! – Mini Pancakes, Mini Waffles, and/or Mini French Toast
  - Choice 2: Cereal

- **Tuesday:**
  - Choice 1: Chicken and/or Sausage Biscuit
  - Choice 2: Cereal

- **Wednesday:**
  - Choice 1: Frudel and/or Cinni Mini
  - Choice 2: Cereal

- **Thursday:**
  - Choice 1: Chicken and/or Sausage Biscuit
  - Choice 2: Cereal

- **Friday:**
  - Choice 1: Pastry Variety: Breakfast Bun, Mini Doughnuts, or Glazed Doughnuts
  - Choice 2: Cereal

Week of October 10:

- **Monday:** No School
- **Tuesday:** No School

- **Wednesday:**
  - Choice 1: Poptarts
  - Choice 2: Cereal

- **Thursday:**
  - Choice 1: Chicken and/or Sausage Biscuit
  - Choice 2: Cereal

- **Friday:**
  - Choice 1: Pastry Variety
  - Choice 2: Cereal

Week of October 17:

- **Monday:**
  - Choice 1: Manager’s Choice
• **Tuesday:**
  - **Choice 1:** Chicken and/or Sausage Biscuit
  - **Choice 2:** Cereal

• **Wednesday:**
  - **Choice 1:** Frudel and/or Cinni Mini
  - **Choice 2:** Cereal

• **Thursday**
  - **Choice 1:** Pastry Variety
  - **Choice 2:** Cereal

• **Friday:**
  - **Choice 1:** Chicken and/or Sausage Biscuit
  - **Choice 2:** Cereal

**Week of October 24:**

• **Monday:**
  - **Choice 1:** Mini Day!
  - **Choice 2:** Cereal

• **Tuesday:**
  - **Choice 1:** Chicken and/or Sausage Biscuit
  - **Choice 2:** Cereal

• **Wednesday:**
  - **Choice 1:** Poptarts
  - **Choice 2:** Cereal

• **Thursday:**
  - **Choice 1:** Chicken and/or Sausage Biscuit
  - **Choice 2:** Cereal

• **Friday:**
  - **Choice 1:** Pastry Variety
  - **Choice 2:** Cereal

**Week of October 31:**

• **Monday:**
- **Choice 1**: Mini Day! – Mini Pancakes, Mini Waffles, and/or Mini French Toast
  - **Choice 2**: Cereal

- **Tuesday**:
  - **Choice 1**: Chicken and/or Sausage Biscuit
  - **Choice 2**: Cereal

- **Wednesday**:
  - **Choice 1**: Frudel and/or Cinni Mini
  - **Choice 2**: Cereal

- **Thursday**:
  - **Choice 1**: Chicken and/or Sausage Biscuit
  - **Choice 2**: Cereal

- **Friday**:
  - **Choice 1**: Pastry Variety: Breakfast Bun, Mini Doughnuts, or Glazed Doughnuts
  - **Choice 2**: Cereal

**Daily Breakfast Offerings**: Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice, Choice of Milk

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**October 2022 Elementary Lunch Menu**

**Week of October 3**:

- **Monday**:
  - **Choice 1**: Mini Calzones
  - **Choice 2**: Hot Dog
  - **Sides**: Fries and Baked Beans

- **Tuesday**:
  - **Choice 1**: Chicken Sandwich
  - **Choice 2**: Mac n’ Cheese Entrée
  - **Sides**: Sweet Potato Fries and Cucumber Dipper

- **Wednesday**:
  - **Choice 1**: Chicken Tenders
  - **Choice 2**: Pizza Kit
  - **Sides**: Cookie, Mashed Potatoes, and Harvest of the Month: Roasted Brown Sugar Butternut Squash
• Thursday:
  o **Choice 1:** Mozzarella Bread Bites
  o **Choice 2:** Chicken and Rice Casserole
  o **Sides:** Manager Choice Grain, Chip or Cracker, Peas, and Carrot Dipper

• Friday:
  o **Choice 1:** Pizza
  o **Choice 2:** Burrito
  o **Sides:** Corn, Steamed Broccoli

**Week of October 10:**

• Monday: No School
• Tuesday: No School

• Wednesday:
  o **Choice 1:** Chicken Bites or Nuggets
  o **Choice 2:** Country Fried Steak + Gravy
  o **Sides:** “Groovy” Confetti Cookie + Mashed Potatoes + Steamed or Glazed Carrots

• Thursday:
  o **Choice 1:** Hamburger
  o **Choice 2:** Grilled Cheese
  o **Sides:** Carrot Dipper and Celery Dipper

• Friday:
  o **Choice 1:** Mozzarella Bread Bites
  o **Choice 2:** Smokey Rib Sandwich
  o **Sides:** Baked Potato + Side Salad + “Tie Dye” Applesauce

**Week of October 17:**

• Monday:
  o **Choice 1:** Chicken Tenders
  o **Choice 2:** Lasagna Roll Ups
  o **Sides:** Garlic Toast, Mashed Potatoes, and Steamed Broccoli

• Tuesday:
  o **Choice 1:** Cheesy Nachos
  o **Choice 2:** Fish Sandwich
  o **Sides:** Pinto or Black Beans, and Carrot Dipper

• Wednesday:
  o **Choice 1:** Hot Dog
- **Thursday**
  - **Choice 1:** Chicken Drumstick
  - **Choice 2:** Cereal + Cheese Stick
  - **Sides:** Mac n Cheese, Green Beans, Carrot Dipper

- **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Mandarin Orange Chicken or General Tso Chicken + Rice
  - **Sides:** Manager Choice Grain, Chip or Cracker, Corn, and Side Salad

**Week of October 24:**

- **Monday:**
  - **Choice 1:** Spaghetti + Garlic Toast
  - **Choice 2:** Grilled Cheese
  - **Sides:** Tater Tots and Carrot Dipper

- **Tuesday:**
  - **Choice 1:** Hamburger
  - **Choice 2:** Fish Nuggets
  - **Sides:** Mac n’ Cheese, Sweet Potato, Fries/Tots, and Cucumber Dipper

- **Wednesday:**
  - **Choice 1:** Cheesy Nachos
  - **Choice 2:** BBQ Sandwich
  - **Sides:** Pinto Beans and Fries

- **Thursday:**
  - **Choice 1:** Chicken Nuggets or Bites
  - **Choice 2:** Ravioli
  - **Sides:** Roll, Mashed Potatoes, and Green Beans

- **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Chicken Tacos
  - **Sides:** Corn and Side Salad

**Week of October 31:**

- **Monday:**
  - **Choice 1:** Mini Calzones
  - **Choice 2:** Hot Dog
- **Tuesday:**
  - Choice 1: Chicken Sandwich
  - Choice 2: Mac n’ Cheese Entrée
  - Sides: Sweet Potato Fries and Cucumber Dipper

- **Wednesday:**
  - Choice 1: Chicken Tenders
  - Choice 2: Pizza Kit
  - Sides: Cookie, Mashed Potatoes, and Green Beans

- **Thursday:**
  - Choice 1: Mozzarella Bread Bites
  - Choice 2: Chicken and Rice Casserole
  - Sides: Manager Choice Grain, Chip or Cracker, Peas, and Carrot Dipper

- **Friday:**
  - Choice 1: Pizza
  - Choice 2: Burrito
  - Sides: Corn, Steamed Broccoli

**Daily Lunch Offerings:** Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice, Choice of Milk

Menus subject to change based on product availability and/or changes in school schedule. Breakfast item offerings may vary by school.

**School Year 2022-2023 Meal Pricing:**

- Full Pay Elementary Breakfast: $1.10
- Full Pay Elementary Lunch: $1.95
- Reduced Pay Elementary Breakfast: $0.30
- Reduced Pay Elementary Lunch: $0.40
- Employee Breakfast: $2.25
- Employee Lunch: $3.50
- Visitor Breakfast: $2.75
- Visitor Lunch: $4.00

**Meal Pay Website:** [https://www.mypaymentsplus.com/welcome](https://www.mypaymentsplus.com/welcome)

**Free/Reduced Applications:** [https://foodservices.hallco.org/web/free-reduced-applications/](https://foodservices.hallco.org/web/free-reduced-applications/)

This institution is an equal opportunity provider.