School Year 2022-2023 High School and Middle School Daily Breakfast Menu

- Sausage or chicken biscuit
- Assorted breakfast pastries
- Assorted pop tarts
- Assorted cereals
- 100% fruit juice
- Fresh or chilled fruit
- Choice of milk

October 2022 High School and Middle School August Lunch Menu

Week of October 3:

- **Monday:**
  - **Choice 1:** Hamburger
  - **Choice 2:** Buffalo Chicken Dip
  - **Sides:** Baked Beans, Cucumber Dipper

- **Tuesday:**
  - **Choice 1:** Regular or Spicy Chicken Sandwich
  - **Choice 2:** Cheesy French Boat
  - **Sides:** Harvest of the Month: Roasted Brown Sugar Butternut Squash and Steamed Broccoli

- **Wednesday:**
  - **Nacho Bar – Choice of meat, cheese sauce, and toppings**
  - **Toppings:** Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

- **Thursday:**
  - **Choice 1:** Chicken Tenders
  - **Choice 2:** Lasagna Rollups
  - **Sides:** Garlic Toast, Mashed Potatoes, and Green Beans

- **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Chicken Tenders
  - **Sides:** Corn, Carrot Dipper, and Manager’s Choice of Ice Cream or Pudding
**Week of October 10:**

- **Monday:** No School
- **Tuesday:** No School

- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - **Toppings:** Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

- **Thursday:**
  - **Choice 1:** Boneless Chicken Wings
  - **Choice 2:** Spaghetti
  - **Sides:** Roll, Diced Potatoes, Side Salad

- **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Entrée Mac n’ Cheese
  - **Sides:** “Groovy” Confetti Cookie, Sweet Potato Fries or Tots, Celery Dipper, “Tie Dye” Applesauce

**Week of October 17:**

- **Monday:**
  - **Choice 1:** Mini Calzones
  - **Choice 2:** Hot Dog
  - **Sides:** Tater Tots and Carrot Dipper

- **Tuesday:**
  - **Choice 1:** Mozzarella Bread Bites
  - **Choice 2:** BBQ Sandwich
  - **Sides:** Sweet Potato Fries or Tots, and Cucumber Dipper

- **Wednesday:**
  - **Choice 1:** Chicken Tenders or Chicken Drumstick + Biscuit or Roll
  - **Choice 2:** Grilled Cheese
  - **Sides:** Mac n’ Cheese, Green Beans, and Carrot Dipper

- **Thursday:**
  - **Choice 1:** Hamburger
  - **Choice 2:** Manager’s Choice
  - **Sides:** Fries, Baked Beans
• Friday:
  o **Choice 1:** Pizza
  o **Choice 2:** Mandarin Orange Chicken or General Tso Chicken + Rice
  o **Sides:** Cookie, Corn, and Steamed Broccoli

**Week of October 24:**

• Monday:
  o **Choice 1:** Regular or Spicy Chicken Sandwich
  o **Choice 2:** Chicken Alfredo + Garlic Toast
  o **Sides:** Fries and Side Salad

• Tuesday:
  o **Choice 1:** Mozzarella Bread Bites
  o **Choice 2:** Fish Sandwich
  o **Sides:** Baked Potato and Carrot Dipper

• Wednesday:
  o Nacho Bar – Choice of meat, cheese sauce, and toppings
  o **Toppings:** Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

• Thursday:
  o **Choice 1:** Boneless Chicken Wings
  o **Choice 2:** Manager’s Choice
  o **Sides:** Manager’s Choice of Chip, Grain, or Cracker + Mashed Potato + Green Beans

• Friday:
  o **Choice 1:** Pizza
  o **Choice 2:** Smoky Rib Sandwich
  o **Sides:** Fries and Carrot Dipper

**Week of October 31:**

• Monday:
  o **Choice 1:** Hamburger
  o **Choice 2:** Buffalo Chicken Dip
  o **Sides:** Baked Beans, Cucumber Dipper

• Tuesday:
  o **Choice 1:** Regular or Spicy Chicken Sandwich
  o **Choice 2:** Cheesy French Boat
  o **Sides:** Baked or Diced Sweet Potatoes and Steamed Broccoli
- **Wednesday:**
  - Nacho Bar – Choice of meat, cheese sauce, and toppings
  - **Toppings:** Shredded Lettuce, Diced Tomato, Corn, Pinto Beans, and Black Beans

- **Thursday:**
  - **Choice 1:** Chicken Tenders
  - **Choice 2:** Lasagna Rollups
  - **Sides:** Garlic Toast, Mashed Potatoes, and Green Beans

- **Friday:**
  - **Choice 1:** Pizza
  - **Choice 2:** Chicken Tenders
  - **Sides:** Corn, Carrot Dipper, and Manager’s Choice of Ice Cream or Pudding

**Daily Lunch Offerings:** Uncrustable Kit, daily salad/sandwich line at select schools, fresh cut fruit and/or chilled fruit and/or 100% fruit juice, choice of milk

**Menus subject to change based on product availability and/or changes in school schedule. Item offerings may vary by school.**

**School Year 2022-2023 Meal Pricing:**

- Full Pay Middle/High Breakfast: $1.35
- Full Pay Middle/High Lunch: $2.05
- Reduced Pay Middle/High Breakfast: $0.30
- Reduced Pay Middle/High Lunch: $0.40
- Employee Breakfast: $2.25
- Employee Lunch: $3.50
- Visitor Breakfast: $2.75
- Visitor Lunch: $4.00

**Meal Pay Website:** [https://www.mypaymentsplus.com/welcome](https://www.mypaymentsplus.com/welcome)

**Free/Reduced Applications:** [https://foodservices.hallco.org/web/free-reduced-applications/](https://foodservices.hallco.org/web/free-reduced-applications/)

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