



# JANUARY 2023 – ELEMENTARY SCHOOL MENU



## BREAKFAST MENU

MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0.30	\$1.95/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of January 2	NO SCHOOL	NO SCHOOL	<b>Choice 1:</b> Poptarts <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Donuts <b>Choice 2:</b> Cereal
Week of January 9	<b>Choice 1:</b> Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Frudel and/or Cinni Mini <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety <b>Choice 2:</b> Cereal
Week of January 16	NO SCHOOL	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Poptarts <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Donuts <b>Choice 2:</b> Cereal
Week of January 23	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Frudel and/or Cinni Mini <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety <b>Choice 2:</b> Cereal
Week of January 30	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Poptarts <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Donuts <b>Choice 2:</b> Cereal

\*Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.



Meal Pay  
Website

### Harvest of the Month: Winter Greens

- Did you know any of these fun facts about winter greens?
- Winter greens are leafy green vegetables such as collard, mustard, and turnip greens.
  - It is Southern tradition at the start of a new year to eat greens for prosperity.



### Daily Breakfast Offerings

- Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
- Choice of Milk



Free/Reduced  
Application

This institution is an equal opportunity provider.



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## LUNCH MENU

MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0.30	\$1.95/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of January 2	NO SCHOOL	NO SCHOOL	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> BBQ Sandwich Fries Pinto Beans	<b>Choice 1:</b> Chicken Bites or Nuggets <b>Choice 2:</b> Ravioli Roll Mashed Potatoes Green Beans	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Chicken Tacos Corn Side Salad Italian Ice
Week of January 9	<b>Choice 1:</b> Mini Calzones <b>Choice 2:</b> Hot Dog  Fries Baked Beans	<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> Mac n Cheese  Sweet Potato Fries Cucumber Dipper	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Pizza Kit  Cookie Mashed Potatoes Green Beans	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Chicken + Rice Casserole Mgr Choice Grain Chip or Cracker Peas Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Burrito  Corn Steamed Broccoli
Week of January 16	NO SCHOOL	<b>Choice 1:</b> Beef Tacos <b>Choice 2:</b> Corndog  Mexican-Style Rice Corn Celery Dipper	<b>Choice 1:</b> Chicken Bites or Nuggets <b>Choice 2:</b> Country Fried Steak + Gravy Cookie Mashed Potatoes Steamed or Glazed Carrots	<b>Choice 1:</b> Hamburger <b>Choice 2:</b> Turkey + Cheese Kit  Tater Tots Baked Beans	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Chicken Alfredo + Garlic Toast Pudding OR Ice cream Fries Side Salad
Week of January 23	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Lasagna Roll Ups  Garlic Toast Mashed Potatoes Steamed Broccoli	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> Fish Sandwich  Pinto or Black Beans Carrot Dipper	<b>Choice 1:</b> Hot Dog <b>Choice 2:</b> Manager's Choice  Fries Baked Beans	<b>Choice 1:</b> Chicken Drumstick <b>Choice 2:</b> Cereal + Cheese Stick Green Beans Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Mandarin Orange or General Tso Chicken + Rice Mgr Choice Grain Chip or Cracker Corn Side Salad
Week of January 30	<b>Choice 1:</b> Spaghetti + Garlic Toast <b>Choice 2:</b> Grilled Cheese  Tater Tots Carrot Dipper	<b>Choice 1:</b> Hamburger <b>Choice 2:</b> Fish Nuggets Mac n' Cheese Sweet Potato Fries or Tots Cucumber Dipper	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> BBQ Sandwich  Fries Pinto Beans	<b>Early Release</b> <b>Choice 1:</b> Chicken Sandwich <b>No Choice 2</b> Mgr Choice Chip or Grain Celery Dipper Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Chicken Tacos  Corn Side Salad Italian Ice

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Meal Pay  
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Fresh Cut Fruit and/or  
Chilled Fruit and/or  
100% Fruit Juice  
Choice of Milk



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