



JANUARY 2023 – HIGH SCHOOL MENU

LUNCH MENU

| MEAL PRICING | BREAKFAST | LUNCH |
|----------------------|---------------|---------------|
| FULL PAY/ REDUCED | \$1.35/\$0.30 | \$2.05/\$0.40 |
| EMPLOYEE | \$2.25 | \$3.50 |
| VISITOR | \$2.75 | \$4.00 |

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------|--|--|--|---|--|
| Week of January 2 | NO SCHOOL | NO SCHOOL | Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans | C1: Boneless Chicken Wings C2: Manager's Choice Mgr Choice Grain Chip or Cracker Mashed Potatoes Green Beans | C1: Pizza C2: Smoky Rib Sandwich Fries Carrot Dipper |
| Week of January 9 | C1: Hamburger C2: Buffalo Chicken Dip + Chips Baked Beans Cucumber Dipper | Choice 1: Regular or Spicy Chicken Sandwich Choice 2: Cheesy French Boat Diced or Baked Sweet Potato Steamed Broccoli | Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans | C1: Chicken Tenders C2: Lasagna Rollups Garlic Toast Mashed Potatoes Green Beans | C1: Pizza C2: Chicken Tacos Ice Cream OR Pudding Corn Carrot Dipper |
| Week of January 16 | NO SCHOOL | C1: Beef Tacos C2: Corndog Mexican-Style Rice Fries Carrot Dipper | Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans | C1: Boneless Chicken Wings C2: Spaghetti Roll Diced Potatoes Side Salad | C1: Pizza C2: Mac n' Cheese Cookie Sweet Potato Fries or Tots Celery Dipper |
| Week of January 23 | C1: Mini Calzones C2: Hot Dog Tater Tots Baked Beans | C1: Mozzarella Bread Bites C2: BBQ Sandwich Sweet Potato Fries or Tots Cucumber Dipper | C1: Chicken Tenders or Chicken Drumstick + Roll C2: Grilled Cheese Mac n' Cheese Green Beans Carrot Dipper | C1: Hamburger C2: Manager's Choice Fries Baked Beans | C1: Pizza C2: Mandarin Orange or General Tso Chicken + Rice Cookie Corn Steamed Broccoli |
| Week of January 30 | C1: Boneless Chicken Wings C2: Chicken Alfredo Garlic Toast Fries Side Salad | C1: Mozzarella Bread Bites C2: Fish Sandwich Baked Potato Carrot Dipper | Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans | Early Release C1: Regular or Spicy Chicken Sandwich C2: Corndog Mgr Choice Grain Chip or Cracker Celery Dipper Carrot Dipper | C1: Pizza C2: Smoky Rib Sandwich Fries Carrot Dipper |

*Menu subject to change based on product availability and/or change in school schedule. Item offerings may vary by school.



Meal Pay Website

Harvest of the Month: Winter Greens

- Winter greens are leafy green vegetables such as collard, mustard, and turnip greens.
- It is Southern tradition at the start of a new year to eat greens for prosperity.

Daily Breakfast Menu

- Chicken or Sausage Biscuit
- Assorted Breakfast Pastries
- Assorted Poptarts
- Assorted Cereals
- Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
- Choice of Milk

Daily Lunch Offerings

- Uncrustable Kit
- Daily salad/sandwich line at select schools
- Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
- Choice of Milk



Free/Reduced Application