



JANUARY 2023 – MIDDLE SCHOOL MENU

LUNCH MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.35/\$0.30	\$2.05/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of January 2	NO SCHOOL	NO SCHOOL	Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans	C1: Boneless Chicken Wings C2: Manager's Choice Mgr Choice Grain Chip or Cracker Mashed Potatoes Green Beans	C1: Pizza C2: Smoky Rib Sandwich Fries Carrot Dipper
Week of January 9	C1: Hamburger C2: Buffalo Chicken Dip + Chips Baked Beans Cucumber Dipper	Choice 1: Regular or Spicy Chicken Sandwich Choice 2: Cheesy French Boat Diced or Baked Sweet Potato Steamed Broccoli	Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans	C1: Chicken Tenders C2: Lasagna Rollups Garlic Toast Mashed Potatoes Green Beans	C1: Pizza C2: Chicken Tacos Ice Cream OR Pudding Corn Carrot Dipper
Week of January 16	NO SCHOOL	C1: Beef Tacos C2: Corndog Mexican-Style Rice Fries Carrot Dipper	Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans	C1: Boneless Chicken Wings C2: Spaghetti Roll Diced Potatoes Side Salad	C1: Pizza C2: Mac n' Cheese Cookie Sweet Potato Fries or Tots Celery Dipper
Week of January 23	C1: Mini Calzones C2: Hot Dog Tater Tots Baked Beans	C1: Mozzarella Bread Bites C2: BBQ Sandwich Sweet Potato Fries or Tots Cucumber Dipper	C1: Chicken Tenders or Chicken Drumstick + Roll C2: Grilled Cheese Mac n' Cheese Green Beans Carrot Dipper	C1: Hamburger C2: Manager's Choice Fries Baked Beans	C1: Pizza C2: Mandarin Orange or General Tso Chicken + Rice Cookie Corn Steamed Broccoli
Week of January 30	C1: Boneless Chicken Wings C2: Chicken Alfredo Garlic Toast Fries Side Salad	C1: Mozzarella Bread Bites C2: Fish Sandwich Baked Potato Carrot Dipper	Nacho Bar – Choice of meat, cheese sauce, and toppings Lettuce + Tomato Corn Pinto and/or Black Beans	Early Release C1: Regular or Spicy Chicken Sandwich C2: Corndog Mgr Choice Grain Chip or Cracker Celery Dipper Carrot Dipper	C1: Pizza C2: Smoky Rib Sandwich Fries Carrot Dipper

*Menu subject to change based on product availability and/or change in school schedule. Item offerings may vary by school.



Meal Pay Website

Harvest of the Month: Winter Greens



- Winter greens are leafy green vegetables such as collard, mustard, and turnip greens.
- It is Southern tradition at the start of a new year to eat greens for prosperity.

Daily Breakfast Menu

Chicken or Sausage Biscuit
Assorted Breakfast Pastries
Assorted Poptarts
Assorted Cereals
Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
Choice of Milk

Daily Lunch Offerings

Uncrustable Kit
Daily salad/sandwich line at select schools
Fresh Cut Fruit and/or Chilled Fruit and/or 100% Fruit Juice
Choice of Milk



Free/Reduced Application