# AUGUST 2023 – MIDDLE SCHOOL MENU

## LUNCH MENU

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Week of July 31 | C1: Regular or Spicy Chicken Sandwich  
C2: Taco Lasagna Bake Cookie  
Fries Green Beans | C1: French Toast Sticks + Sausage  
C2: Smoky Rib Sandwich  
Sweet Potato Side Salad | C1: Boneless Chicken Wings  
C2: Country Fried Steak  
Rice Peas Vegetable Dippers | Chicken Nacho Bar – Choice cheese sauce and toppings  
Lettuce + Tomato Corn  
Pinto and/or Black Beans | Choice 1: Pizza  
Choice 2: Mandarin Orange or General Tso Chicken + Rice  
Manager’s Choice Cracker  
Sweet Potato Steamed Broccoli |
| Week of August 7 | C1: Regular or Spicy Chicken Sandwich  
C2: Lasagna + Garlic Toast Baked or Diced Potatoes Vegetable Dippers | C1: Hot Dog  
C2: Cheesy French Bread Pizza  
Baked Beans Tater Tots | C1: Chicken Tacos  
C2: Corn dog  
Mexican Rice Black or Pinto Beans Vegetable Dippers | C1: Boneless Chicken Wings/Tenders, Roll  
C2: BBQ Sandwich  
Mac n’ Cheese Mashed Potatoes Green Beans | C1: Pizza  
C2: Chicken Alfredo + Garlic Toast  
Fries Vegetable Dippers |
| Week of August 14 | C1: Regular or Spicy Chicken Sandwich  
C2: Spaghetti + Garlic Toast Parmesan Roasted Cauliflower or Baked Squash Side Salad | C1: Cheeseburger  
C2: Fish Nuggets  
Manager’s Choice Cracker  
Fries Baked Beans | C1: Chicken Tenders  
C2: Chicken + Rice Casserole  
Cookie Mashed Potatoes Vegetable Dippers | Beef Nacho Bar – Choice cheese sauce and toppings  
Lettuce + Tomato Corn  
Pinto and/or Black Beans | C1: Pizza  
C2: Mandarin Orange or General Tso Chicken + Rice  
Manager’s Choice Cracker  
Sweet Potato Steamed Broccoli |
| Week of August 21 | C1: Regular or Spicy Chicken Sandwich  
C2: Spaghetti + Garlic Toast Parmesan Roasted Cauliflower or Baked Squash Side Salad | C1: French Toast Sticks + Sausage  
C2: Smoky Rib Sandwich  
Sweet Potato Side Salad | C1: Boneless Chicken Wings  
C2: Country Fried Steak  
Rice Peas Vegetable Dippers | Chicken Nacho Bar – Choice cheese sauce and toppings  
Lettuce + Tomato Corn  
Pinto and/or Black Beans | C1: Pizza  
C2: Chicken Alfredo + Garlic Toast  
Fries Vegetable Dippers |
| Week of August 28 | C1: Regular or Spicy Chicken Sandwich  
C2: Taco Lasagna Bake Cookie  
Fries Green Beans | C1: Boneless Chicken Wings  
C2: Country Fried Steak | C1: Boneless Chicken Wings  
C2: Country Fried Steak  
Rice Peas Vegetable Dippers | Chicken Nacho Bar – Choice cheese sauce and toppings  
Lettuce + Tomato Corn  
Pinto and/or Black Beans | C1: Pizza  
C2: Chicken Alfredo + Garlic Toast  
Fries Vegetable Dippers |

**Meal Pay Website**  
**Harvest of the Month: Watermelon**  
- Georgia is one of the top producers of watermelon in the US.  
- 100% of watermelon is edible. Try pickling your watermelon rinds!  
**Daily Breakfast Menu**  
Chicken or Sausage Biscuit  
Assorted Breakfast Pastries  
Assorted Poptarts  
Assorted Cereals  
Fruit Sides  
Choice of Milk  
**Daily Lunch Offerings**  
Uncrustable Kit  
Daily salad/sandwich line  
Fruit Sides  
Choice of Milk  
**Free/Reduced Application**  
This institution is an equal opportunity provider.

**Households that qualify for reduced-price meals will not be required to pay the reduced price of $0.30 for breakfast and $0.40 for lunch during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs during SY23-24.**