



# OCTOBER 2023 – ELEMENTARY SCHOOL MENU

## BREAKFAST MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0**	\$1.95/\$0**
EMPLOYEE	\$2.75	\$4.00
VISITOR	\$3.50	\$4.50

\*\*Households that qualify for reduced-price meals will not be required to pay the reduced price of \$0.30 for breakfast and \$0.40 for lunch during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs during SY23-24.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Oct 2</b>	<b>Choice 1:</b> Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Egg, Sausage, and Cheese Breakfast Pocket + Crackers <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Cinnamon Roll or Concha Sweet Bread <b>Choice 2:</b> Cereal
<b>Week of Oct 9</b>	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Muffin <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Apple Cinnamon Toast <b>Choice 2:</b> Cereal
<b>Week of Oct 16</b>	<b>Fall Break</b>	<b>Fall Break</b>	<b>Fall Break</b>	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Pastry Variety: Donut Holes or Mini Donuts <b>Choice 2:</b> Cereal
<b>Week of Oct 23</b>	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Egg, Sausage, and Cheese Breakfast Pocket + Crackers <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Cinnamon Roll or Concha Sweet Bread <b>Choice 2:</b> Cereal
<b>Week of Oct 30</b>	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Muffin <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Poptarts	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Apple Cinnamon Toast <b>Choice 2:</b> Cereal

\*Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.



**Meal Pay  
Website**

### Harvest of the Month: Squash

- Squash are believed to have originated in Mexico and Central America.
- Winter squash get their name because they can be stored through the winter.
- Squash blossoms are edible.



### Daily Breakfast


#### Offerings

Fruit Sides  
Choice of Milk




**Free/Reduced  
Application**

This institution is an equal opportunity provider.








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## LUNCH MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0**	\$1.95/\$0**
EMPLOYEE	\$2.75	\$4.00
VISITOR	\$3.50	\$4.50

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WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Oct 2</b>	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Corndog  Fries Side Salad	<b>Choice 1:</b> Beef Tacos <b>Choice 2:</b> Grilled Cheese  Mexican Rice Corn Black or Pinto Beans	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Chicken Alfredo  Garlic Toast Green Beans Carrot Dipper	<b>Choice 1:</b> French Toast + Sausage <b>Choice 2:</b> Cereal + Cheese Stick  Steamed or Glazed Carrots Celery Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Smoky Rib Sandwich  Corn Sweet Potato
<b>Week of Oct 9</b>	<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> Turkey + Cheese Kit Manager Choice Cracker Fries Cucumber Dipper	<b>Choice 1:</b> Cheeseburger <b>Choice 2:</b> Spaghetti  Garlic Toast Tater Tots Carrot Dipper	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> Chicken + Rice Casserole  Cookie Fries Black or Pinto Beans	<b>Choice 1:</b> Chicken Nuggets or Bites <b>Choice 2:</b> Country Fried Steak  Rice Peas Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Hot Ham + Cheese Sandwich  Sweet Potato Side Salad
<b>Week of Oct 16</b>	<b>Fall Break</b> 	<b>Fall Break</b> 	<b>Fall Break</b> 	<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> Fish Nuggets  MC Cracker Peas Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Mandarin Orange Chicken + Rice  Cookie Sweet Potato Steamed Broccoli
<b>Week of Oct 23</b>	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Corndog  Fries Side Salad	<b>Choice 1:</b> Beef Tacos <b>Choice 2:</b> Grilled Cheese  Mexican Rice Corn Black or Pinto Beans	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Chicken Alfredo  Garlic Toast Green Beans Carrot Dipper	<b>Choice 1:</b> French Toast + Sausage <b>Choice 2:</b> Cereal + Cheese Stick  Steamed or Glazed Carrots Celery Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Smoky Rib Sandwich  Corn Sweet Potato
<b>Week of Oct 30</b>	<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> Turkey + Cheese Kit Manager Choice Cracker Fries Cucumber Dipper	<b>Choice 1:</b> Cheeseburger <b>Choice 2:</b> Spaghetti Garlic Toast Tater Tots Carrot Dipper 	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> Chicken + Rice Casserole  Cookie Fries Black or Pinto Beans 	<b>Choice 1:</b> Chicken Nuggets or Bites <b>Choice 2:</b> Country Fried Steak  Rice Peas Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Hot Ham + Cheese Sandwich  Sweet Potato Side Salad

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Meal Pay  
Website

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### Daily Lunch Offerings

PBJ Uncrustable +  
Grain Chip: M, W, F  
Entrée Salad: T, Th  
Fruit Side  
Choice of Milk



Free/Reduced  
Application

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