

SEPTEMBER 2023 – ELEMENTARY SCHOOL MENU

BREAKFAST MENU

| MEAL PRICING | BREAKFAST | LUNCH |
|----------------------|--------------|--------------|
| FULL PAY/ REDUCED | \$1.10/\$0** | \$1.95/\$0** |
| EMPLOYEE | \$2.75 | \$4.00 |
| VISITOR | \$3.50 | \$4.50 |



Households that qualify for reduced-price meals will not be required to pay the reduced price of \$0.30 for breakfast and \$0.40 for lunch **during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs **during SY23-24**.

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|---|---|---|---|--|
| Week of Sept | No School | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Breakfast Bun or Apple Cinnamon Toast Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Pastry Variety: Donut Holes or Mini Donuts Choice 2: Cereal |
| Week of Sept 11 | Choice 1: Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Egg, Sausage, and Cheese Breakfast Pocket + Crackers Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Cinnamon Roll or Concha Sweet Bread Choice 2: Cereal |
| Week of Sept 18 | Choice 1: Mini Day Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Muffin Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Pastry Variety: Breakfast Bun, Apple Cinnamon Toast Choice 2: Cereal |
| Week of Sept 25 | Choice 1: Frudel, Cinni Mini, or Mini Stuffed Bagels Choice 2: Cereal Bar | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Breakfast Bun or Apple Cinnamon Toast Choice 2: Cereal | Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts | Choice 1: Pastry Variety: Donut Holes or Mini Donuts Choice 2: Cereal |

^{*}Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.



Meal Pay Website

Harvest of the Month: Apples

- Apples are 25% air, which is why they float in water
- The crabapple is the only apple native to North America
- The top apple producing state in the US is Washington

Daily Breakfast Offerings Equit Sides

Fruit Sides Choice of Milk



Free/Reduced Application



SEPTEMBER 2023 -**ELEMENTARY SCHOOL MENU**

| MEAL PRICING | BREAKFAST | LUNCH |
|----------------------|--------------|--------------|
| FULL PAY/ REDUCED | \$1.10/\$0** | \$1.95/\$0** |
| EMPLOYEE | \$2.75 | \$4.00 |
| VISITOR | \$3.50 | \$4.50 |

**Households that qualify for reduced-price meals will not be required to pay the reduced price of \$0.30 for breakfast and \$0.40 for lunch during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs during SY23-24.

LUNCH MENU

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------|---|--|--|---|---|
| Week of Sept 4 | No School | Choice 1: Beef Tacos Choice 2: Hot Dog Manager Choice Cracker Corn Cucumber Dipper | Choice 1: Chicken Tenders Choice 2: Pizza Kit Roll Mashed Potatoes Green Beans | Choice 1: Chicken Sandwich Choice 2: Fish Nuggets Mac n' Cheese Peas Carrot Dipper | Choice 1: Pizza Choice 2: Mandarin Orange Chicken + Rice Cookie Sweet Potato Steamed Broccoli |
| Week of Sept 11 | Choice 1: Mozzarella Bread Bites Choice 2: Corndog Fries Side Salad | Choice 1: Beef Tacos Choice 2: Grilled Cheese Mexican Rice Corn Black or Pinto Beans | Choice 1: Chicken Tenders Choice 2: Chicken Alfredo Garlic Toast Green Beans Carrot Dipper | Choice 1: French Toast + Sausage Choice 2: Cereal + Cheese Stick Steamed or Glazed Carrots Celery Dipper | Choice 1: Pizza Choice 2: Smoky Rib Sandwich Corn Sweet Potato |
| Week of Sept 18 | Choice 1: Chicken Sandwich Choice 2: Turkey + Cheese Kit Manager Choice Cracker Fries Cucumber Dipper | Choice 1: Cheeseburger Choice 2: Spaghetti + Garlic Toast Tater Tots Carrot Dipper | Choice 1: Cheesy Nachos Choice 2: Chicken + Rice Casserole Cookie Fries Black or Pinto Beans | Choice 1: Chicken Nuggets or Bites Choice 2: Country Fried Steak Rice Mashed Potatoes Green Beans | Choice 1: Pizza Choice 2: Hot Ham + Cheese Sandwich Sweet Potato Side Salad |
| Week of Sept 25 | Choice 1: Cheeseburger Choice 2: Mac n' Cheese Fries Baked Beans | National Hispanic Heritage Month Menu Choice 1: Hot Dog Choice 2: Tamales Mexican Rice Corn Cucumber Dipper | Choice 1: Chicken Tenders Choice 2: Pizza Kit Roll Mashed Potatoes Green Beans | Choice 1: Chicken Sandwich Choice 2: Fish Nuggets MC Cracker Peas Carrot Dipper | Choice 1: Pizza Choice 2: Mandarin Orange Chicken + Rice Cookie Sweet Potato Steamed Broccoli |

^{*}Menu subject to change based on product availability and/or change in school schedule. Lunch item offerings may vary by school.



Website



September 15- October 15

Tamales return to the menu on September 26! Conchas are a new item on the breakfast menu on September 15. Conchas are a Mexican sweet bread that get their name from their seashell appearance.

Daily Lunch Offerings

PBJ Uncrustable + Grain Chip: M, W, F Entrée Salad: T, Th Fruit Side Choice of Milk



Free/Reduced **Application**