



# OCTOBER 2023 – MIDDLE SCHOOL MENU

## LUNCH MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.35/\$0**	\$2.05/\$0**
EMPLOYEE	\$2.75	\$4.00
VISITOR	\$3.50	\$4.50

\*\*Households that qualify for reduced-price meals will not be required to pay the reduced price of \$0.30 for breakfast and \$0.40 for lunch during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs during SY23-24.


WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Oct 2</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Spaghetti + Garlic Toast  Fries Side Salad	<b>C1:</b> Cheeseburger <b>C2:</b> Fish Nuggets  Manager's Choice Cracker Fries Baked Beans	<b>C1:</b> Chicken Tenders <b>C2:</b> Chicken + Rice Casserole  Cookie Mashed Potatoes Vegetable Dippers	<b>C1:</b> MC: Beef or Chicken Tacos <b>C2:</b> Smoky Rib Sandwich Mexican Rice Corn Vegetable Dippers	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> Buffalo Chicken Dip  Sweet Potato Vegetable Dippers
<b>Week of Oct 9</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Grilled Cheese  Cookie Fries Green Beans	<b>C1:</b> French Toast Sticks + Sausage <b>C2:</b> Corndog  Sweet Potato Side Salad	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Country Fried Steak  Rice Peas Vegetable Dippers	Chicken Nacho Bar – Choice cheese sauce and toppings Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Pizza <b>C2:</b> Chicken Alfredo + Garlic Toast  Fries Vegetable Dippers
<b>Week of Oct 16</b>	<b>Fall Break</b> 	<b>Fall Break</b> 	<b>Fall Break</b> 	<b>C1:</b> Boneless Chicken Wings/Tenders <b>C2:</b> BBQ Sandwich  Mac n' Cheese Mashed Potatoes Green Beans	<b>C1:</b> Pizza <b>C2:</b> Mandarin Orange or General Tso Chicken + Rice Manager's Choice Cracker Sweet Potato Steamed Broccoli
<b>Week of Oct 23</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Spaghetti + Garlic Toast  Fries Side Salad	<b>C1:</b> Cheeseburger <b>C2:</b> Fish Nuggets  Manager's Choice Cracker Fries Baked Beans	<b>C1:</b> Chicken Tenders <b>C2:</b> Chicken + Rice Casserole  Cookie Mashed Potatoes Vegetable Dippers	Beef Nacho Bar – Choice cheese sauce and toppings  Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Mozzarella Bread Bites <b>C2:</b> Buffalo Chicken Dip  Sweet Potato Vegetable Dippers
<b>Week of Oct 30</b>	<b>C1:</b> Regular or Spicy Chicken Sandwich <b>C2:</b> Grilled Cheese  Cookie Fries Green Beans	<b>C1:</b> French Toast Sticks + Sausage <b>C2:</b> Corndog  Sweet Potato Side Salad 	<b>C1:</b> Boneless Chicken Wings <b>C2:</b> Country Fried Steak  Rice Peas Vegetable Dippers	Chicken Nacho Bar – Choice cheese sauce and toppings  Lettuce + Tomato Corn Pinto and/or Black Beans	<b>C1:</b> Pizza <b>C2:</b> Chicken Alfredo + Garlic Toast  Fries Vegetable Dippers

\*Menu subject to change based on product availability and/or change in school schedule. Item offerings may vary by school.



**Meal Pay  
Website**

### Harvest of the Month: Squash

- Squash are believed to have originated in Mexico and Central America.
  - Winter squash get their name because they can be stored through the winter.
  - Squash blossoms are edible.
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### Daily Breakfast Menu

- Chicken or Sausage Biscuit
- Assorted Breakfast Pastries
- Assorted Poptarts
- Assorted Cereals
- Fruit Sides
- Choice of Milk

### Daily Lunch Offerings

- Uncrustable Kit
- Daily salad/sandwich line
- Fruit Sides
- Choice of Milk



**Free/Reduced  
Application**