

[illegible]

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	Carbohydrates per serving (g)	Milk	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Eggs	Sesame	Cinnamon
Milk Chocolate 1%	30	X									
Soy Milk	9			X							
Almond Milk, Plain	1					X					
Almond Milk, Vanilla	16					X					
Lactose-Free Milk	13	X									
À la Carte											
	Carbohydrates per serving (g)	Milk	Wheat	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Eggs	Sesame	Cinnamon
Cheetos, Puffs (1 pkg)	13	X									
Cheetos, Baked Hot Limon	15	X									
Cheetos, Baked	16	X									
Cheetos, Baked Flamin' Hot	16	X									
Frito Lay Baked, BBQ	19	X		X							
Frito Lay Baked, Sour Cream & Onion	18	X		X							
Frito Lay Baked, Regular	20			X							